



AIFF GOLDEN BABY LEAGUES OPERATOR HANDBOOK 2019-20



A Player Development initiative by:



PLAY

LEARN

PERFORM



PREFACE

AIFF introduces the second edition of the AIFF Golden Baby Leagues for the season 2019-2020. We believe ages 6-12 years form the Golden age of learning for young boys and girls. Learning through games while having fun, making friendships and developing team spirit are key ingredients in developing a football player for life.

This Handbook is aimed for all stakeholders of Indian Football who have access to all game requirements for children within this age group, be it clubs, academies, schools, non-government organizations, parents, coaches, football fans. Everyone! Anyone can organize the AIFF Golden Baby Leagues, anywhere in the country. The Leagues aim to provide access to football in the children's locality irrespective of gender, religion, economic background or ethnic origin.

As a League Operator, we hope you find this document easy to understand and useful for implementing in reality. At the heart of creating this document is the experience of the player!

We want to know how this Handbook can be made even better next year. We also want to hear stories about players, teams, volunteers, coaches, parents, league operators and everyone who is involved in this project with you. We appreciate your queries, feedback, and stories at babyleagues@the-aiff.com.

We wish you all the best for the new season!



TABLE OF CONTENT

- **League Operator Request Form**
- **Team Manager Undertaking**
- **Age Categories for the year 2019-20**
- **League Registration & Management on AIFF Golden Baby Leagues App**
 - League Details Required
 - Video Tutorials
- **Team Registration & Management on AIFF Golden Baby Leagues App**
 - League Details Required
- **Player Registration on AIFF Golden Baby Leagues App**
 - Player Details Required
 - Video Tutorials
- **Venue Organization on Match Days**
 - Pitch Organization
 - Pitch Guidelines
 - Medical Arrangements
 - 5 Foundations for A Successful Day of Football
- **Match Guidelines**
 - Match Formats
 - Measurement Reference
- **Futsal**
- **Pickup Format for Under 6: 3v3**
- **Standards of Play**
 - Modified Laws of The Game: 3v3
 - Modified Laws of The Game: 4v4
 - Modified Laws of The Game: 5v5
 - Modified Laws of The Game: 6v6
 - Modified Laws of The Game: 7v7(GK)
 - Modified Laws of The Game: 8v8(GK)
 - Modified Laws of The Game: 9v9(GK)
 - Modified Laws of The Game: 10v10(GK)
 - Modified Laws of The Game: 11v11(GK)
- **Codes of Conduct**
 - The Children's code
 - The Parents' code
 - The Referees' code
- **Subsidy Criteria**
 - Minimum Standards
 - Best 95
- **City Championship**
- **Important Contacts for Support**
- **Reference**

LEAGUE OPERATOR REQUEST FORM

League Details:

League Name:

League Operator Name:

League Operator Address:

League Operator Email address:

Point of Contact:

Contact Name, Designation:

Contact Mobile:

League Organization:

League Duration: From:

To:

Age Categories:

☐ Under 6 ☐ Under 7 ☐ Under 8 ☐ Under 9 ☐ Under 10 ☐ Under 11 ☐ Under 12

AIFF Golden Baby Leagues Subsidy:

Are you applying for the AIFF Golden Baby Leagues Subsidy? _____

Please note that the AIFF Golden Baby Leagues Subsidy is to support those football programs who are not self-sustainable yet. If you have a program which is self-sustainable you can choose not to apply for the Subsidy.

Undertaking:

I/we submit this request with complete understanding of the AIFF Golden Baby Leagues Handbook 2019-20. I/we seek the approval and support of our State Association in strengthening and promoting the game through the AIFF Golden Baby Leagues that will be operated by us within the framework of the Handbook. I/we will receive the 'Team Manager Undertaking' form from all Team Managers before the start of the AIFF Golden Baby Leagues. I will follow the Medical Guidelines mentioned in the Handbook and will be prepared to provide appropriate assistance in case of any medical emergencies.

Signature and Seal of League Operator

Place:

Date:

For any support for processing the League Operator Request Form, you may write to babyleagues@the-aiff.com

State Association:

(To be processed within 5 working days of receiving League Operator Request Form)

We hereby declare that we have received and reviewed the request for the AIFF Golden Baby Leagues and have no objection.

Signature and Seal of State Association:

Name:

Designation:

State Football Association:

Date:

Note: • Completed and original League Operator Request Form to be retained by the League Operator. Photocopy to be secured by State Association. • Scanned copy to be emailed to State Association email address and babyleagues@the-aiff.com. • All 'Team Manager Undertaking' form to be retained by the League Operator

TEAM MANAGER UNDERTAKING

Team Name:

Age Group:

Player Names:

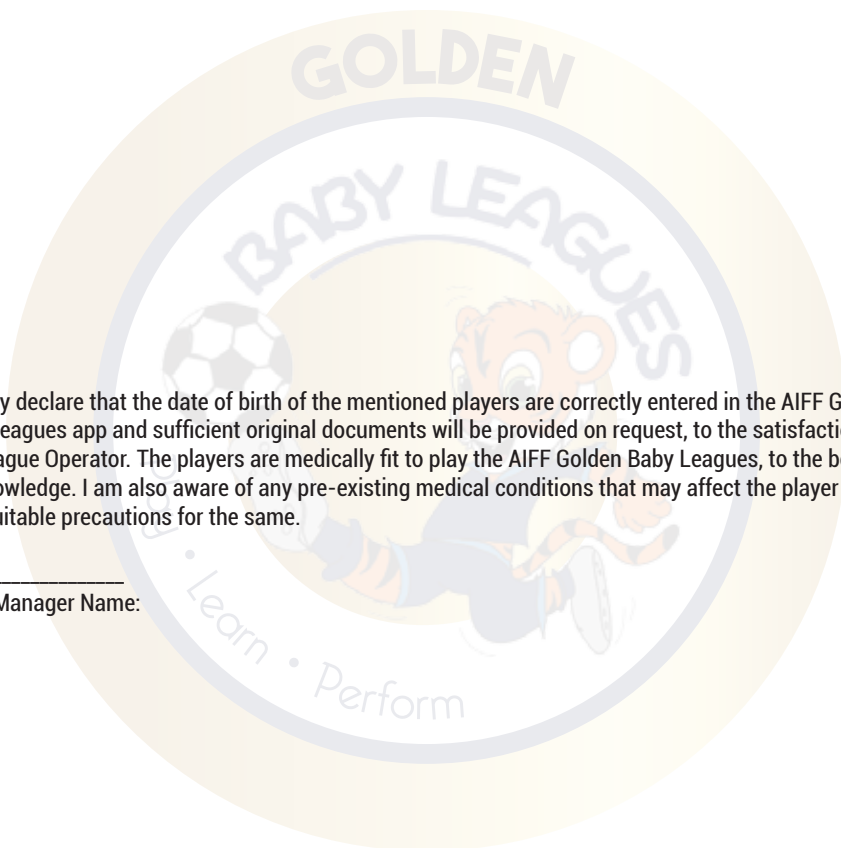
- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.

I hereby declare that the date of birth of the mentioned players are correctly entered in the AIFF Golden Baby Leagues app and sufficient original documents will be provided on request, to the satisfaction of the League Operator. The players are medically fit to play the AIFF Golden Baby Leagues, to the best of my knowledge. I am also aware of any pre-existing medical conditions that may affect the player and will take suitable precautions for the same.

Team Manager Name:

Place:

Date:



AGE CATEGORIES FOR THE YEAR 2019-20

Age Categories	Born in
Under 6*	2013 and 2014
Under 7	2012 and 2013
Under 8	2011 and 2012
Under 9	2010 and 2011
Under 10	2009 and 2010
Under 11	2008 and 2009
Under 12	2007 and 2008

*NOTE: *Under 6 will have different competition structure.*

LEAGUE REGISTRATION & MANAGEMENT ON AIFF GOLDEN BABY LEAGUES APP

League Details Required:

- League name
- Age groups
- Start date
- End date
- Last date of registration
- State in which the league is conducted
- City in which the league is conducted
- Locality in which the league is conducted

Video Tutorials:

- How to login into the App: <https://youtu.be/HCLrCDjZGtK>
- How to create a League: https://youtu.be/OKz_FNn2DyA
- How to Approve the Team: <https://youtu.be/n9ySVH0z7uM>
- How to create Fixtures, Setting Date, Time & Venue: https://youtu.be/1f_N2743H-M
- How to Verify, Approve & Reject the Player: <https://youtu.be/1E00DVAEFPM>
- How to Upload Match Scores: <https://youtu.be/Pxvo1BpoVwY>



TEAM REGISTRATION ON AIFF GOLDEN BABY LEAGUES APP

Team Details Required:

- Team name
- Age groups

NOTE: Teams will be registered by the respective Team Managers.

PLAYER REGISTRATION ON AIFF GOLDEN BABY LEAGUES APP

Player Details Required:

- First Name • Last Name • Father's Name
- Gender • Date of Birth • Mobile number
- Email address • Individual photo (jpg/png format)
- Date of Birth document (jpg/png format)
- Height (cm) (Optional) • Preferred Foot (Optional)
- Playing Position (Optional)

NOTE: The players will be registered to a team, by their respective Team Managers.

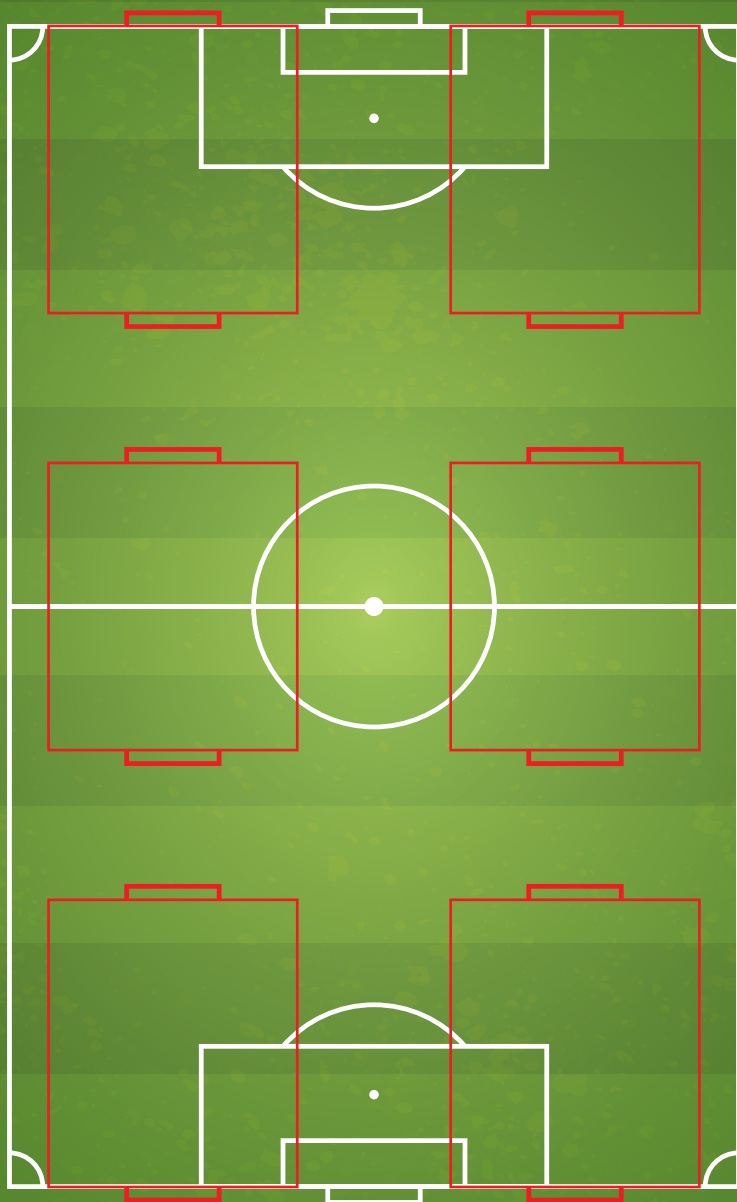
VIDEO TUTORIALS

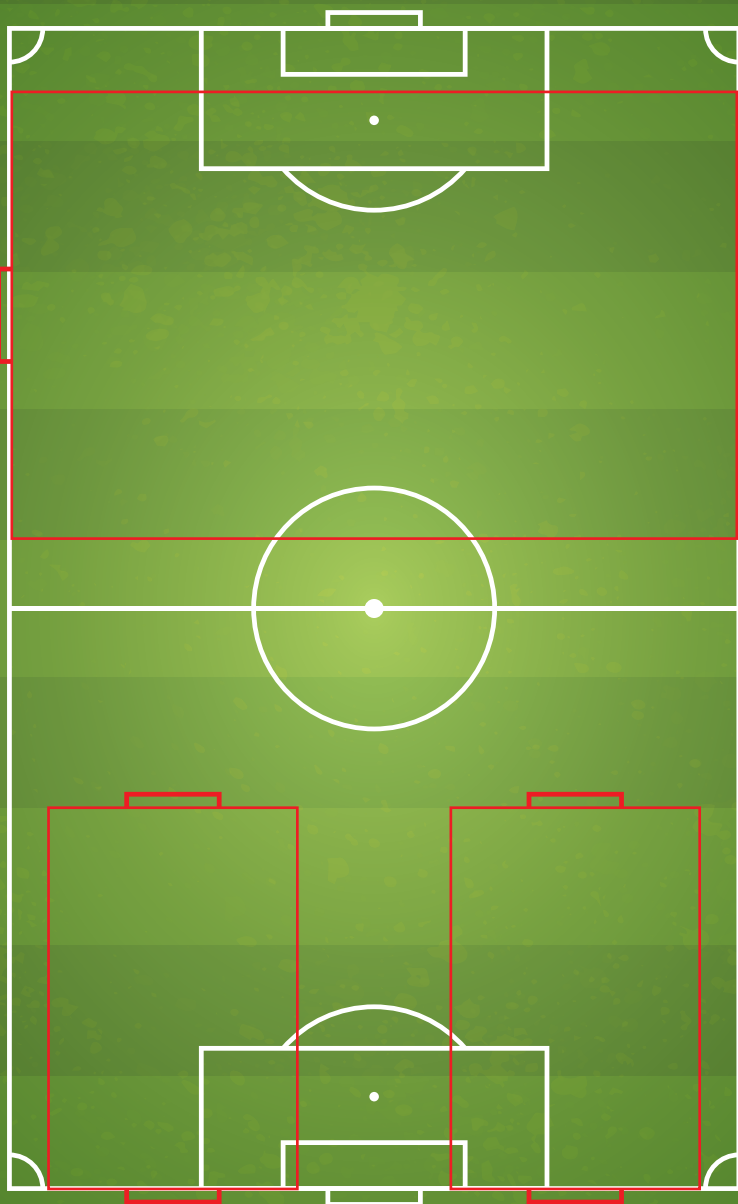
- How to login into the App: <https://youtu.be/HCLrCDjZGTk>
- How to Register a team: <https://youtu.be/6086m8ma2XM>
- How to Register a player: <https://youtu.be/3bQuS3Nk1p8>
- How to add a player to the team: <https://youtu.be/2GleoidXPjo>
- How to add players in the team for the match: <https://youtu.be/WO86ac7x8eU>
- How to Upload Match Scores: <https://youtu.be/Pxvo1BpoVwY>

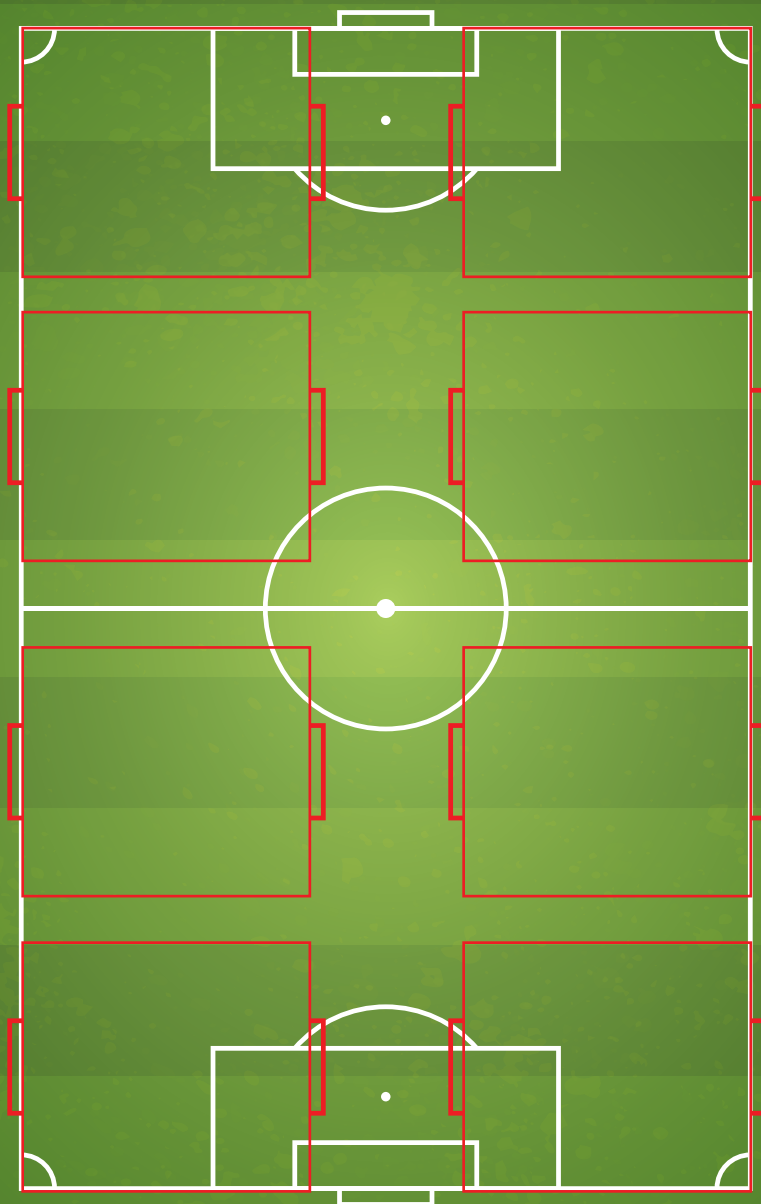


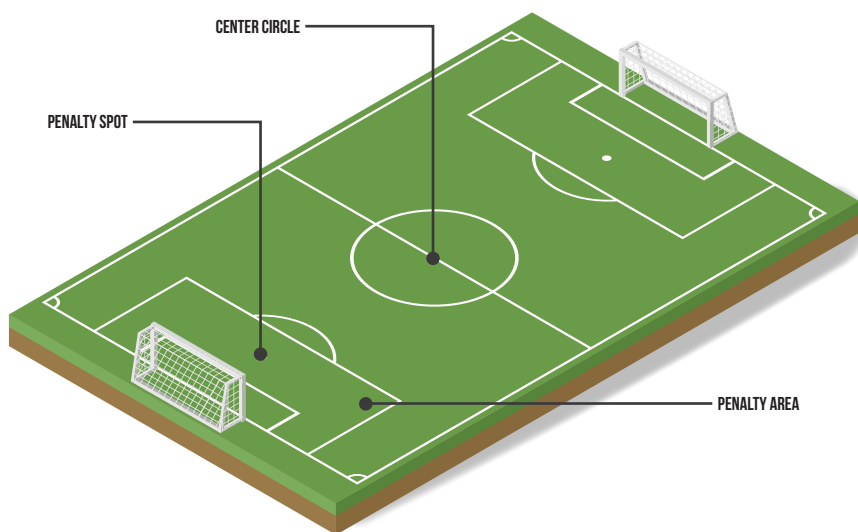
VENUE ORGANIZATION ON MATCH DAYS

Examples of Pitch Organization

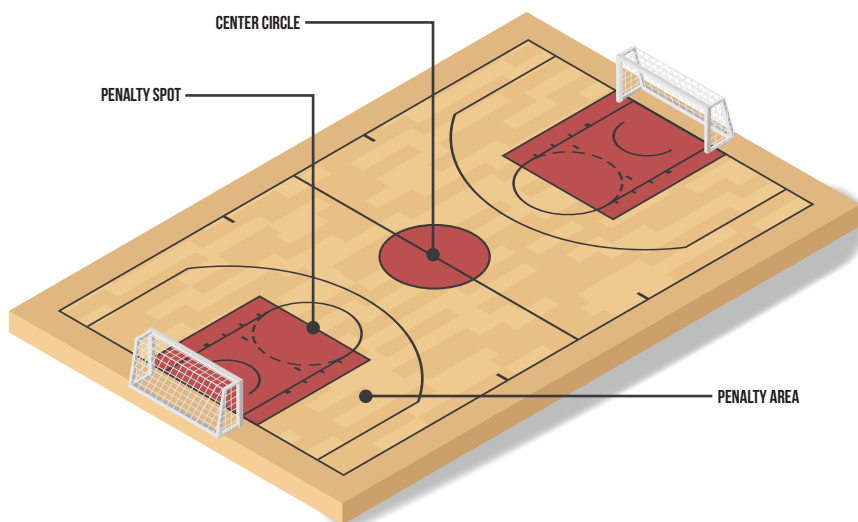








STANDARD PITCH



BASKETBALL COURT

PITCH GUIDELINES:

Types of surfaces:



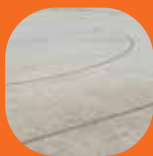
Grass



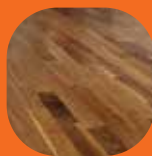
Artificial
Grass



Rubber Mat



Concrete
Floor



Wooden
Floor



Mud • Sand
• Gravel

- Venue should be safe and well maintained
- We recommend softer playing surfaces over hard surfaces for children
- Should be an even playing surface
- Goal posts must be properly secured so that they are safe and cannot be moved to prevent injuries to children
- Should have adequate drinking water available
- Should have designated toilets available
- Clear markings on the field of play
- Attractive for the kids with league related branding and promotion
- For matches in the evenings/nights, the lighting should be adequate.
- Recommendation: All referees should have a proper uniform kit and whistle
- No spectators (or parents) in the area reserved for children and team managers.
For safety purposes, distance of 2-3 metres from the edge of the pitch to be maintained.

MEDICAL ARRANGEMENTS:

- An Emergency First-Aid kit should be kept at the venue
- A physio/doctor is recommended
- Make sure that the emergency telephone numbers, address and direction for ambulance, doctor on call and nearby hospital are at hand. This detail should be made available to the Team Managers before the start of the League. These numbers should also be displayed at the venue.
- Organise drinks breaks (encourage drinking water often in small quantities). Ideal quantity of water: 200 ml every 15-20 mins. Water should be made available for players and volunteers.
- Players should warm up before a match
- League Operator should be considerate of the prevailing weather conditions like heat, thunderstorm/lightning etc for the safety of everyone.

FIVE FOUNDATIONS FOR A SUCCESSFUL DAY OF FOOTBALL

THE FEELING OF SAFETY

Protecting children from physical and emotional harm. A child who does not feel safe will find it difficult to be happy and enjoy the activities.

THE FEELING OF BEING WELCOME

Feeling welcome whatever the child's age, sex, technical level, physique, culture or language. Football is an environment in which there must be no discrimination of any kind.

THE FEELING OF BEING A "GOOD PLAYER"

Every child must feel capable. For this reason, children must always be encouraged, emphasising the good points rather than the bad.

THE FEELING OF FRIENDSHIP

Developing and creating an environment of communication and friendship.

THE FEELING OF BEING IMPORTANT

Children must be encouraged to be creative and expressive. The real winner is not only the player who wins the game, but also the player who plays with all his passion, dedication and his real potential.



MATCH GUIDELINES

MATCH FORMATS:

Age Groups	U6*	U7	U8	U9	U10	U11	U12
Age Criteria (born in)	2013 or 2014	2012 or 2013	2011 or 2012	2010 or 2011	2009 or 2010	2008 or 2009	2007 or 2008
Playing format	3 v 3	4 v 4 5 v 5	4 v 4 5 v 5	5 v 5 6 v 6 7 v 7 (GK)	5 v 5 6 v 6 7 v 7 (GK)	7 v 7 (GK) 8 v 8 (GK) 9 v 9 (GK) 10 v 10 (GK) 11 v 11 (GK)	7 v 7 (GK) 8 v 8 (GK) 9 v 9 (GK) 10 v 10 (GK) 11 v 11 (GK)
Match time	4x6 min	2x12 min	2x12 min	2x20 min	2x20 min	2x25 min	2x25 min
Break time	2 min	4 min	4 min	7 min	7 min	8 min	8 min
Ball size	3 or 4	3 or 4	3 or 4	4	4	4 or 5	4 or 5
Recommended matches per day	3	3	3	2	2	2	2
Maximum match days per week	2	2	2	2	2	2	2
Goalkeeper	No	No	No	Only 7 v 7	Only 7 v 7	Yes	Yes
Maximum Goal posts dimension (without goalkeeper)	1.82x1.22m	1.82x1.22m	1.82x1.22m	1.82x1.22m	1.82x1.22m		
Maximum Goal posts dimension (with goalkeeper)				5x2m	5x2m	6x2m	6x2m

MEASUREMENT REFERENCE

1 metre(m) = 1.09 yards (yd) = 3.28 feet(ft)

1 yard(yd) = 3 feet(ft) = 0.91 metres(m)

1 foot(ft) = 0.30 metres(m) = 0.33 yards(yd)

Metres and feet are usually marked on any measurement tape. 1 yard is 3 feet so yards can also be calculated easily.

In a match situation where yard needs to be measured for players being away from the ball, the referees can use their walking step. 1 walking step = 1 yard approximately.



Basic Concept:

The enormous popularity of football translates into children playing the game all around the world on whatever surface and regardless of the number of players available. Over the course of time, countless variations of football have been developed. Futsal is one of the football modalities that have been endorsed by FIFA, acknowledging its rapid growth and worldwide popularity, in particular amongst children.

Futsal can be played both indoor and outdoor on flat, smooth and non-abrasive surfaces. The main difference to other small-sided football games is the ball. It is smaller and has less bounce than a regular football.

Studies have shown that the low-bounce futsal ball, when used on a proper futsal surface, facilitates ball control and accurate passing. Kids can keep the ball in play more easily, which results in a higher number of ball contacts, quicker transitions between defence and attack and more attempts on goal.



Simplified ball control makes the kids feel more confident and enhances their creativity on the pitch. At the same time, kids tend to be less afraid of the futsal ball due to the lower bounce.

If children are thinking of a potential future in football, futsal offers an excellent preparation for youngsters.

Even without this particular futsal ball, the game remains accessible as it can be practised in a variety of pre-existing facilities in communities, schools, universities and sports centres, which are otherwise used for basketball or handball.

Given its indoor nature, futsal is particularly suited to geographical regions where heavy rain, strong wind or snowfall frequently hamper the outdoor game. Installing and maintaining natural or artificial turf pitches might be difficult and expensive in these parts of the world. The safe indoor environment might also offer substantially more opportunities for boys and girls to join in.

Conclusion:

Futsal can be considered to be complementary to football as they simply widen the range of choice. In circumstances where space or infrastructure is limited, weather conditions are not favourable or long summer and winter breaks interrupt the football activity, the two modalities offer new opportunities for kids to play the game. The futsal ball and indoor/basketball/handball courts can be used as possible venue options for conducting the Golden Baby League. If both facilities are available, the Operator could consider both indoor and outdoor games for the same teams to make the games more attractive to the players.

PICK UP FORMAT FOR UNDER 6: 3V3

Although healthy competition is important for the football development of young players, there should also be a time to let the players play with freedom without thinking about consequences. It is very important to provide a safe but free and unrestricted environment, especially to very young players to play, feel and enjoy the game.

For Under 6, we recommend a pick up format tournament.

A total count of all players from all teams is taken. All the players are mixed randomly to form new teams. Paper chits with player names can be used for this purpose. There should be between 4-5 players in each team. The League Operator should attempt to form 8 or more teams if possible. More the number of teams, more the fun.

Once the teams are formed, they can play regular fixtures.

The same process is repeated every match. The Under 6 Team Managers can assist in managing the kids and making the teams. The team name remains the same, but the players keep changing for each team.

This is an opportunity for players to enjoy freely and make friends, and for all parents, coaches and spectators to support and cheer for every player.



STANDARDS OF PLAY

MODIFIED LAWS OF THE GAME: 3V3

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 10-12 metres

Length: 15-20 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

The ball size can be 3 or 4

Law 2: The Ball

Minimum team size: 4 players (3 outfield players + 1 substitutes)

Law 3: The Players

Maximum team size: 5 players (3 outfield players + 2 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any time.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the most valuable player from both teams.

Law 6: The Other Match Officials

Not required

Law 7: The Duration of the Match

Match time: 4 quarters of 6 minutes each.

Break time: 2 minutes

Law 8: The start and restart of play

Opponents must be at least 2 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Law 11: Offside

No offside

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

Law 13: Free kicks

All free kicks are direct. Opponents must be at least 2 yards away.

Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

In some cases, goal area and penalty area may mean the same.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

MODIFIED LAWS OF THE GAME: 4V4

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 12-15 metres

Length: 20-25 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

Law 2: The Ball

The ball size can be 3 or 4

Law 3: The Players

Minimum team size: 6 players (4 outfield players + 2 substitutes)

Maximum team size: 7 players (4 outfield players + 3 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the 'Most valuable player' from both teams.

Law 6: The Other Match Officials

Not required

Law 7: The Duration of the Match

Match time: 2 halves of 12 minutes each.

Break time: 4 minutes

Law 8: The start and restart of play

Opponents must be at least 3 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Law 11: Offside

No offside

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

Law 13: Free kicks

All free kicks are direct. Opponents must be at least 3 yards away.

Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team



MODIFIED LAWS OF THE GAME: 5V5

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 20-25 metres

Length: 30-35 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

Law 2: The Ball

The ball size can be 3 or 4 for Under 7 and 8.

Ball size must be 4 for Under 9 and 10.

Law 3: The Players

Minimum team size: 7 players (5 outfield players + 2 substitutes)

Maximum team size: 8 players (5 outfield players + 3 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

Law 5: The Referee

For Under 7 and 8: A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the most valuable player from both teams.

For Under 9 and 10: Referees can enforce the Laws of the Game

Law 6: The Other Match Officials

Not required

Law 7: The Duration of the Match

For Under 7 and 8:

Match time: 2 halves of 12 minutes each.

Break time: 4 minutes

For Under 9 and 10:

Match time: 2 halves of 20 minutes each.

Break time: 7 minutes

Law 8: The start and restart of play

Opponents must be at least 4 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

Law 10: Determining the

outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Law 11: Offside

No offside

Law 12: Fouls and Misconduct

Under 7 and 8: IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play
Under 9 and 10: IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

All free kicks are direct.

Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

MODIFIED LAWS OF THE GAME: 6V6

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 25-30 metres

Length: 35-40 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

Ball size must be 4

Law 2: The Ball

Law 3: The Players

Minimum team size: 9 players (6 outfield players + 3 substitutes)

Maximum team size: 10 players (6 outfield players + 4 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

Law 5: The Referee

Law 6: The Other Match Officials

Law 7: The Duration of the Match

Referees can enforce the Laws of the Game

Not required

Match time: 2 halves of 20 minutes each.

Break time: 7 minutes

Law 8: The start and restart of play

Law 9: Ball in and out of play

Opponents must be at least 5 yards away from the centre mark.

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

Law 10: Determining the outcome of a match

Law 11: Offside

Law 12: Fouls and Misconduct

A goal is scored when the ball completely passes over the goal line, inside the goalposts

No offside

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

All free kicks are direct.

Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team



MODIFIED LAWS OF THE GAME: 7V7 (GK)

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 30-35 metres

Length: 45-50 metres

Goalposts:

Under 9 and 10: Maximum 5 metres width and 2 metres height

Under 11 and 12: Maximum 6 metres width and 2 metres height

Law 2: The Ball

Under 9 and 10: Ball size must be 4

Under 11 and 12: Ball size can be 4 or 5

Law 3: The Players

Minimum team size: 10 players (6 outfield players + goalkeeper + 3 substitutes)

Maximum team size: 11 players (6 outfield players + goalkeeper + 4 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

Law 5: The Referee

For goalkeepers, gloves are recommended but not compulsory

Under 9 and 10: Referees can enforce the Laws of the Game

Under 11 and 12: Referees should enforce the Laws of the Game

Law 6: The Other Match Officials

Other match officials are optional. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 7: The Duration of the Match

Under 9 and 10:

Match time: 2 halves of 20 minutes each.

Break time: 7 minutes

Under 11 and 12:

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

Law 8: The start and restart of play

Opponents must be at least 6 yards away from the centre mark

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch

Law 10: Determining

the outcome of a match

A goal is scored when the ball completely passes over the goal line inside the goalposts

Law 11: Offside

Offside is optional

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

Under 9 and 10: All free kicks are direct

Under 11 and 12: Indirect free kicks to be introduced.

Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area

Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

MODIFIED LAWS OF THE GAME: 8V8 (GK)

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 35-45 metres

Length: 50-60 metres

Goalposts: Maximum 6 metres width and 2 metres height

Law 2: The Ball

Ball size can be 4 or 5

Law 3: The Players

Minimum team size: 11 players (7 outfield players + goalkeeper + 3 substitutes)

Maximum team size: 12 players (7 outfield players + goalkeeper + 4 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Law 5: The Referee

Referees should enforce the Laws of the Game

Law 6: The Other Match Officials

Other match officials are optional

Law 7: The Duration of the Match

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

Law 8: The start and restart of play

Opponents must be at least 7 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch.

Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Law 11: Offside

Offside rules apply

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

IFAB/FIFA rules apply. Free kicks can be direct or indirect.

Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in.

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team



MODIFIED LAWS OF THE GAME: 9V9 (GK)

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 45-50 metres

Length: 60-67 metres

Goalposts: Maximum 6 metres width and 2 metres height

Ball size can be 4 or 5

Law 2: The Ball

Law 3: The Players

Minimum team size: 13 players (8 outfield players + goalkeeper + 4 substitutes)

Maximum team size: 14 players (8 outfield players + goalkeeper + 5 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Law 5: The Referee

Law 6: The Other Match Officials

Law 7: The Duration of the Match

Referees should enforce the Laws of the Game

Other match officials are optional

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

Law 8: The start and restart of play

Opponents must be at least 8 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch.

Law 10: Determining the

outcome of a match

Law 11: Offside

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Offside rules apply

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

IFAB/FIFA rules apply. Free kicks can be direct or indirect.

Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in.

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

MODIFIED LAWS OF THE GAME: 10V10 (GK)

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 45-55 metres

Length: 67-82 metres

Goalposts: Maximum 6 metres width and 2 metres height

Ball size can be 4 or 5

Law 2: The Ball

Law 3: The Players

Minimum team size: 14 players (9 outfield players + goalkeeper + 4 substitutes)

Maximum team size: 15 players (9 outfield players + goalkeeper + 5 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Law 5: The Referee

Referees should enforce the Laws of the Game

Law 6: The Other Match Officials

Other match officials are optional

Law 7: The Duration of the Match

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

Law 8: The start and restart of play

Opponents must be at least 9 yards away from the centre mark.

Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch.

Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Law 11: Offside

Offside rules apply

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

IFAB/FIFA rules apply. Free kicks can be direct or indirect.

Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area.

Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in.

Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team



MODIFIED LAWS OF THE GAME: 11V11 (GK)

Law 1: The Field of Play

The field of play shall be rectangular.

Width: 45-55 metres

Length: 82-92 metres

Goalposts: Maximum 6 metres width and 2 metres height

Ball size can be 4 or 5

Law 2: The Ball

Law 3: The Players

Minimum team size: 15 players (10 outfield players + goalkeeper + 4 substitutes)

Maximum team size: 16 players (10 outfield players + goalkeeper + 5 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Law 5: The Referee

IFAB/FIFA rules apply.

Law 6: The Other Match Officials

IFAB/FIFA rules apply.

Law 7: The Duration of the Match

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

Law 8: The start and restart of play

IFAB/FIFA rules apply.

Law 9: Ball in and out of play

IFAB/FIFA rules apply.

Law 10: Determining the outcome of a match

IFAB/FIFA rules apply.

Law 11: Offside

IFAB/FIFA rules apply.

Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

Law 13: Free kicks

IFAB/FIFA rules apply.

Law 14: The Penalty Kick

IFAB/FIFA rules apply.

Law 15: The Throw-in

IFAB/FIFA rules apply.

Law 16: The Goal Kick

IFAB/FIFA rules apply.

Law 17: The Corner Kick

IFAB/FIFA rules apply.

CODES OF CONDUCT

The Children's code:

- Play for your own enjoyment and not simply to please your parents or coaches.
- Enjoy football, develop and flourish through football.
- Learn and respect the rules of the game and the rules of the group.
- Fit in to the group and be a good team-mate.
- Respect your opponents.
- Accept the decisions of the referees and your coach-educators.
- Ensure fair play in all circumstances
- Players greet the opposition after the match

The Parents' code:

- Remember that children play football for their own enjoyment, not for that of their parents.
- Encourage rather than force or oblige.
- Encourage children to always respect the Laws of the Game.
- Never reprimand a child for a technical error or for losing a match.
- Remember that children learn from examples.
- Encourage both teams.
- Congratulate both teams, irrespective of the result of the match.
- Help to eradicate all physical and verbal abuse from football.
- Respect the decisions of the coach-educators and referees and teach the children to do the same thing.
- Support, encourage and help volunteers, coach-educators, organisers and officials in their work. Without them, the children would not have the opportunity to play football. The parents and spectators should not criticise or discourage them.
- Ensure fair play in all circumstances.



The Referees' code:

- Be aware that refereeing a match for children is completely different from refereeing a match for adults.
- Protect the children.
- Put the emphasis on the spirit of the game rather than on errors.
- Do not intervene excessively in a match.
- Allow the children to play.
- Explain any infringements of the Laws of the Game committed by the children.
- If a player makes a mistake in restarting play, get the same player to repeat the action while explaining his/her error.
- Do not tolerate inappropriate language.
- Remain consistent, objective and polite when indicating infringements of the Laws of the Game.
- Have an explanatory attitude to refereeing; clarify all infringements.
- Maintain a positive and cheerful manner.
- Ensure fair play in all circumstances.
- Ask the children to greet each other before and after the match.



SUBSIDY CRITERIA

Minimum Standards:

Following are the minimum criteria to run a successful AIFF Golden Baby Leagues and be shortlisted for the AIFF Golden Baby Leagues grant.

- Minimum Duration of the League: 90 days of regular matches between Start and End Date
- Minimum Number of Age categories: 3
- Minimum Teams in each Age groups: 8
- Minimum Number of Matches per Team: 24
- All matches played as per the Guidelines in the 'AIFF Golden Baby League Operator Handbook 2019-20'
- Plan to complete League between June 2019 and February 2020
- All age categories, team, players, fixtures, standings to be updated promptly.
- Match results and goal scores to be updated by League Operator on the same day
- Submit Baby League Report



BEST 95

All the League Operators who have completed the AIFF Golden Baby Leagues between June 2019 and February 2020, and meet the 'Minimum Standards' will also be shortlisted to be selected amongst the 95 Best AIFF Golden Baby Leagues for the year 2019-20. Such 95 Operators will also get a subsidy of ₹85,000/-. Please note, Indian Super League and I-League Clubs will not be eligible for this grant.

The rewards would be subjective but based on parameters such as:

- Total number of matches played across all age groups
- Ratio of participation of younger players
- Number of certified AIFF Grassroots Leaders participating as Team Managers in the League
- Participation of girls. Please note the teams can be single gender or mixed gender however boys and girls can play together and against each other across all age categories
- Random quality assessment by AIFF representative
- Mass media engagement
- Complaints/feedback



CITY CHAMPIONSHIP

- Every city which conducts 6 or more AIFF Golden Baby Leagues would be eligible for a City Championship playoff round.
- The most valuable players from each League would be chosen by the League Operator and will represent the respective League team.
- The City Championship will be played in Under 8, 10 and 12 age categories.
- The Winners in each age category would be proclaimed City Champions!



IMPORTANT CONTACTS FOR SUPPORT

STATE ASSOCIATION	CONTACT NO	E-MAIL	ADDRESS
All Manipur Football Association	0385-2440992 2411936	manipur@the-aiff.com	Mapal Kangjeibung Imphal 795 001, Manipur
Andaman Nicobar Football Association	9434286633	andamanfa@the-aiff.com tahir286633@gmail.com	Near Sr. Secondary School line C/o Hasmat Ali Store, School lane, Port Blair ,South Andaman, P.O Junglighat, Pin: 744103
Andhra Pradesh Football Association		Gkkosaraju@gmail.com apfa@the-aiff.com	14-37-27, Gokhale Road, Krishna Nagar, Visakhapatnam
Arunachal Pradesh Football Association	9402936945	arunachalfa@the-aiff.com footballassociationarunachal@gmail.com	Rajiv Gandhi Stadium Naharlagun, Itanagar Arunachal Pradesh 791110
Assam Football Association	9435026963 0361-2527990 2730522	assamfa@the-aiff.com hemendranathbrahma@gmail.com	RG Baruah Sports Complex Nehru Stadium, Guwahati- 781007, Assam
Bihar Football Association	9835282722 8051950110 0612-2370425	biharfa@the-aiff.com	Hussain Road, Pather ki Masjid, Patna - 800 006
Chandigarh Football Association	9872663039 9463656007	chandigarh@the-aiff.com rbakshi20@rediffmail.com	H.no 1274-A, Sector 41B, Chandigarh, 160047
Chhattisgarh Football Association	0788-2261789 9827153338	chattisgarh@the-aiff.com	BKD -5, Sector -9, Bhilai Durg (CG), 490 009
Dadra & Nagar Haveli Football Association			Opp. Dena Bank Silvassa 396230
Daman & Diu Football Association	9825123429 0260-2230470	damanfa@the-aiff.com francoddfa2013@gmail.com	Daman and Diu Ferreiros Road, Moti Daman, Daman 39622
Football Association Of Odisha	0671-2305459 9124555666	od@the-aiff.com faorissa@gmail.com	Barabati Stadium Cuttack-753 001, Odisha
Football Delhi	9873411462 011-41627479 9811600765	info@footballdelhi.com	M-12, Lower Ground Floor, Jangpura Extn. New Delhi 110014
Goa Football Association	9604964128 0832-2234181 2234182 2225532	gfa_goals@yahoo.com goa@the-aiff.com	5th Floor, Atmaram Commercial Complex, Opp. Axis Bank, Near Mahalaxmi Temple Panjim-Goa 403 001
Gujarat State Football Association	9427320045	gujaratsfa@the-aiff.com gulabfifa@yahoo.com	5, Pooja Bunglows, Near Sarthi Bungalow BRTS Stand Chandkheda, Ahmedabad, Gujarat 382424

Haryana Football Association	9812061116	lalitchawdhryambala@gmail.com haryanafa@the-aiff.com	Zila Parishad, Civil Line, Opp. PWD Rest House, Mor Chowk, Gurugram - 122001
Himachal Pradesh Football Association	0177-2621070	deepakhpfa2010@gmail.com hpfa@the-aiff	HNO 1975 ,W NO 7 Gunnughat , Nahan Distt Sirmour (HP) 173 001 Himachal Pradesh
Jammu & Kashmir Football Association	0194-2472484 0194-2451661	jkfootballassociation@gmail.com jkfa@the-aiff.com	C/O M/S Associated Business Corp., Abi Guzar, Srinagar, Pin: 190001
Jharkhand Football Association	9430350820 0657-2221736	rabbani.jfa@gmail.com jharkhandfa@the-aiff.com	Near Mecca Masjid, New Road, Post Office, Bhandaridih Distt. Giridih, Jharkhand
Karnataka State Football Association	9900594744 080-25512996 25593873	ceoksfa@gmail.com karnatakasfa@the-aiff.com	Bangalore Football Stadium Ashok Nagar Bangalore-560 025
Kerala Football Association	(0484) 2341768 6992009 6999995	gsanilkfa@gmail.com keralafa@the-aiff.com	VIP Sector A, First Floor, Jawaharlal Nehru International Stadium, Kaloor, Cochin - 682017
Lakshwadeep Football Association	9447611175	lfa@the-aiff.com	Soubagya Traders Building, Kavaratti, Near Paradise Island Hut, Kavaratti 682555 UT of Lakshadweep
Madhya Pradesh Football Association	0761-2405416	amitdev_secmpfa@yahoo.com mpfa@the-aiff.com	Flat no. 202, 2nd floor, Prestige Poonam Arcade Golbazar, Jabalpur 482002 Madhya Pradesh
Meghalaya Football Association	0364-2221537	shillongsports@gmail.com meghalayafa@the-aiff.com	Polo Grounds, Shillong 793 001, Meghalaya
Mizoram Football Association	0389-2318028	mizoramfootball association@gmail.com	City Park , Aizawl, Mizoram, 796001
Nagaland Football Association	0370-2222081 09436000365	drd.iec@gmail.com nagalandfa@the-aiff.com	C/o Kohima War Cemetery, Kohima 797 001 Nagaland
Pondicherry Football Association	0413-2229022 9486367471	pondyfootball@gmail.com pondicherryfa@the-aiff.com	No. 36, Anna Salai Anna Thidal (Next to Jyothy Cassettes), Puducherry - 605 001
Punjab Football Association	01824-304151 304019, 260490	punjab@hotmail.com punjabfa@the-aiff.com	C/o JCT Mills Ltd, G.T. Road Phagwara 144 401
Rajasthan State Football Association		rajasthanfa@the-aiff.com president@rajasthanfa.in	C-10 MLA Quarter, Jalupura, MI Road, Jaipur
Sikkim Football Association	03592-223573	fasikkim@hotmail.com sikkimfa@gmail.com sikkimfa@the-aiff.com	Football House, below Norkhill Hotel, Paljor Stadium complex, Gangtok, Sikkim 737101

Tamilnadu Football Association	044-25389739	tn.football@yahoo.in tfapresident@gmail.com tamilnadu@the-aiff.com	Room No. 73, Jawaharlal Nehru Stadium Chennai 600 003
Telangana Football Association	9849244510 08008501510	telanganafa@the-aiff.com	Plot no.10 Panchsheel Colony, Hamathpet, Secundrabad, Telangana - 500009
The Indian Football Association (West Bengal)	033- 2229 0064 2225 2378 2215 2207 2234 5814 2217 5123	ifa1893@gmail.com ifa@the-aiff.com	11/1, Sooterkin Street Kolkata-700072 West Bengal
The Western India Football Association (Maharashtra)	9869021649 022-22024020	wifa@the-aiff.com	Cooperage Football Ground, Maharshi Karve Road, Mumbai-400 021
Tripura Football Association	0381-2320432 P.O Agartala,	tripurafa@the-aiff.com tfa1968@gmail.com	City Centre, 2nd Floor, Paradise Chowmuhani, Agartala, 799001
Uttar Pradesh Football Sangh	0542-2503758 2506668, 2507774 9415357123 9415221253	upfs@the-aiff.com upfs786@gmail.com	Uttar Pradesh Football Sangh 54, Raja Bazar Varanasi 221 002 Uttar Pradesh

STATES	DEVELOPMENT OFFICER
Football Association Of Odisha Goa Football Association Jammu & Kashmir Football Association Karnataka State Football Association Kerala Football Association Meghalaya Football Association Mizoram Football Association Punjab Football Association Tamil Nadu Football Association The Indian Football Association(West Bengal) Western India Football Association	Subhasis Behera (subhasisbehera@the-aiff.com) Genevieve Colaco (genevieve.colaco@the-aiff.com) Bilal Ahmed Panjabi (bilalpanjabi@the-aiff.com) Prashant Chavan (prashantchavan@the-aiff.com) Srijit T M (srijittm@the-aiff.com) Andrew Suting (andrewsuting@the-aiff.com) Samson Ramengmawai (samsonramengmawia@the-aiff.com) Hardeep Singh Saini (hardeepsingh@the-aiff.com) Mazhar Ahmed (mazharahmed@the-aiff.com) Ushnish Ghosh (ushnishghosh@the-aiff.com) Vipul Jain (vipul.jain@the-aiff.com)

Rest of India	babyleagues@the-aiff.com
---------------	--------------------------

REFERENCE

GRASSROOTS - FIFA

https://grassroots.fifa.com/fileadmin/user_upload/pdfs/grassroots_2016__e.pdf

MEDICAL - FIFA

<https://resources.fifa.com/image/upload/football-emergency-medicine-manual-2nd-edition-2018-2674609.pdf?cloudid=szriio9ble9hvoyns04h>
<https://resources.fifa.com/image/upload/sudden-cardiac-arrest.pdf?cloudid=adla00aa4xojt3gt68vc>
<https://resources.fifa.com/image/upload/concussion-recognition-tool-5.pdf?cloudid=y9y5fpwji70rtzyefdoa>



